

CARD NEWSLETTER

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The UF-JAX CARD program provides support and assistance with the goal of optimizing the potential of people with autism spectrum disorders and related disabilities. Services are provided at no cost. The UF-JAX CARD program provides services to Baker, Clay, Duval, Flagler, Nassau, and St. Johns counties.

Preventing Seclusion and Restraint for Students with ASD - An Online CARD Module for Families

The CARD centers have produced a training module for educators on Preventing Seclusion and Restraint for Students with ASD at the request of the FDOE. This module teaches the foundational skills for positive behavior support and setting students up for success. It takes about 1.5 hours to complete and will provide a certificate of completion to those passing the quiz with 75 percent or above. To register, visit http://usf.adobeconnect.com/sr_reg/event/registration.html.

Upcoming Events

- April 6** CARD Spring Fling
- April 13** Annual Connecting the Dots Conference
- June 19-21** CARD Summer Institute

Keep up to date on events. Join the CARD Weekly Update Email Newsletter. To sign up please email Anthony.Rhodes@jax.ufl.edu.



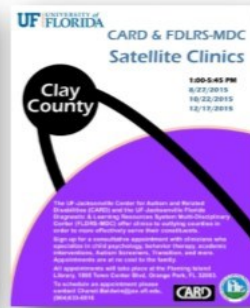
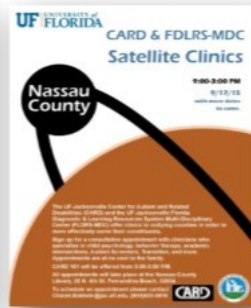
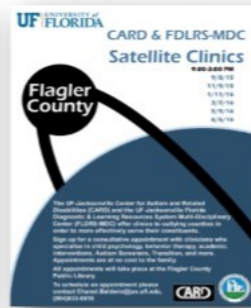
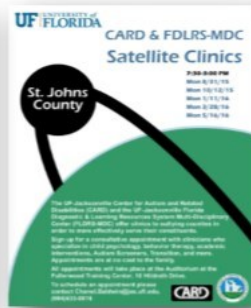
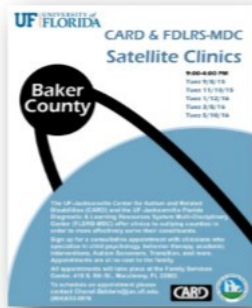
Jax4Kids - Special Needs Camps for Summer

For years now one of the best online resources for Jacksonville summer camps specifically tailored to families with special needs has been the Jax4Kids website. If you're interested in finding the right summer group for your child consider their list at <http://jax4kids.com/summer-camps/categories/special-needs-camps>.

CARD's Mission

To educate and empower individuals and families throughout the lifespan by providing support, assistance, and awareness within the community; with the goal of optimizing the potential of all individuals with autism and related disabilities.

CARD & FDLRS-MDC Satellite Clinics



The UF-Jacksonville Center for Autism and Related Disabilities (CARD) and the UF-Jacksonville Florida Diagnostic & Learning Resources System Multi-Disciplinary Center (FLDRS-MDC) offer clinics to outlying counties in order to more effectively serve their constituents.

Sign up for a consultative appointment with clinicians who specialize in child psychology, behavior therapy, academic interventions, Autism Screeners, Transition, and more. Appointments are at no cost to the family.

Baker County Hours: 9:00-4:00 P.M.	St. Johns County Hours: 9:00-5:00 P.M.	Flagler County Hours: 9:00-3:00 P.M.	Nassau County Hours: 9:00-3:00 P.M. (CARD 101 training at 2:00 P.M.)	Clay County Hours: 12:00-6:00 P.M. (CARD 101 training at 5:15 P.M.)
3/14/2017 5/9/2017	3/6/2017 5/8/2017	4/10/2017 6/12/2017	4/27/2017 6/8/2017	3/20/2017 5/15/2017 7/24/2017
Location: The Family Services Center, 418 S. 8 th St., Macclenny	Location: the Auditorium at the Fullerwood Training Center, 10 Hildreth Dr.	Location: The Flagler County Public Library, 2500 Palm Coast Parkway, N.W.	Location: The Full Service School, 86207 Felmor Rd, Yulee, FL, 32097	Location: The Fleming Island Library, 1895 Town Center Blvd., Orange Park (left of main entrance)

For more information or to schedule an appointment for the clinic nearest you please contact chanel.baldwin@jax.ufl.edu.

Health & Nutrition

By Audrey Bringman, B.S.

Do your new year's goals include improved health and fitness for you and your family? Are you wanting to learn about tools and community resources to help you improve your overall wellness? Join several community agencies at the Annual Jax Health and Fit Expo at the University of North Florida Student Union. The event and parking are completely free. Every year there are free health screenings, you can talk with local health providers and speak with experts in the field of health and fitness to learn how to achieve your health goals for the year. For more information: www.jaxhealthexpo.com/



CARD Annual Fall Family Festival 2017

This year's Fall Family Festival takes place on Saturday, Oct 21st, 2017, at the UF Developmental Pediatric Center. The festival is an awareness event for all families with special needs. Join us for music, games, snacks, and balloon art for what promises to be our biggest festival to date. We'll have face painting, a magician, the Trick or Treat Lane, a performance by the drumline ensemble, and much more. Admission to this event is at no cost to the individual. Parents must supervise their children at all times. A family favorite for many years now. Please join us!

Gaming Party

Join us once a month for a Gaming Party at the Microsoft Store at the St. Johns Town Center. Xbox One consoles will be set up in the theater space for gaming. While the children are gaming the parents have a breakout session on internet safety and parental controls. Come show us what you've got! Register online at: <https://gamingparty.eventbrite.com>



A new CARD/FDLRS program just for brothers and sisters of children with special needs.

Brothers and sisters, ages 8 - 13, of kids with developmental disabilities now have a program that's just for them called Sibshops.

They'll have a chance to meet other kids whose brothers and sisters have special needs and talk about the good and not-so-good parts of having a sibling with a disability.

Most important, they'll have fun!

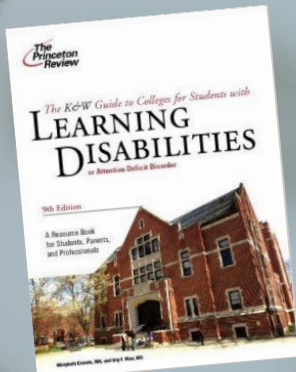
This new program, co-hosted by both CARD and the Florida Diagnostic and Learning Resources-MDC, is at no cost to families who participate.

These events are at no cost to the individual or family.

For more information contact:
candice.rosenberg@jax.ufl.edu



Now Available from the CARD Lending Library

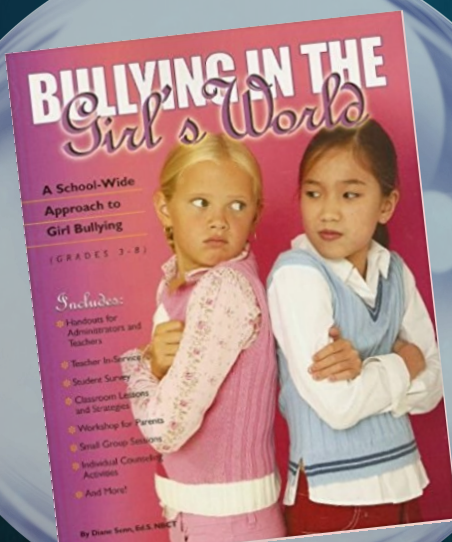


The K&W Guide to Colleges for Students with Learning Disabilities, 13th Edition by Marybeth Kravets, et al.

This comprehensive guide makes it easy for those students and their families and guidance counselors to tackle the daunting process of finding the school that fits their needs best. Includes: 353 school profiles with targeted information on services, admissions, and support at each school, Services available to learning-disabled students at each college: tutors, note-takers, oral exams, extended test time, and more.

Super Skills: A Social Skills Group Program for Children with ASD by Judith Coucouvanis

This series of social skills activities are designed to help elementary-aged students with autism spectrum and other social cognitive deficits succeed in the social realm.. Each lesson is highly structured and organized, making it easy for teachers and other group leaders to implement successfully.



Bullying in the Girl's World: A School-Wide Approach to Girl Bullying by Diane Senn, Ed.S.

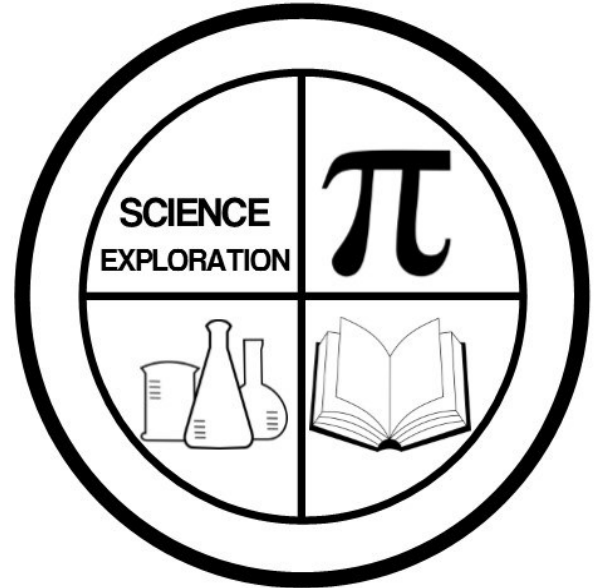
This book provides a school-based approach to girl bullying that includes class lessons, small group activities and ideas for individual counseling. These strategies are not just for girls and can include the entire class. Includes a section on parent workshops and handouts.

A program offered by the UF Health Pediatric Assessment and Intervention Program (PAIP)

Does your child enjoy science and conducting investigative experiments?

Or, do they enjoy learning new concepts in a fun, engaging, and hands on format?

If so, **Science Exploration** is the solution.



This 6-week program is designed for children age 8-12 who want to learn more about the field of science through real-life application of scientific concepts aimed at educating and inspiring. Topics to be discussed include:

- **Week 1: June 29th Making Polymers**
- **Week 2: July 6th Pop Bottle Science**
- **Week 3: July 13th Investigating Bacteria**
- **Week 4: July 20th Chemical Reactions**
- **Week 5: July 27th Making a Periscope**
- **Week 6: August 3rd Launching Water Rockets!**

Every Thursday starting June 29th-August 3rd 2017

4:30-6:30 pm

Cost: \$40 per session

All sessions take place at the UF Developmental Pediatric Center,
6271 St. Augustine Rd., Jacksonville, FL 32217

For more information or to register, contact Tina.batio@jax.ufl.edu

(904) 633-0769